



April 2019

To provide wellness resources to our employees, the City of Billings is proud to partner with **PsychHUB**, a trusted resource for mental health information.

Through their site link below, no login required, you will be to access free engaging videos on evidence – based education on mental health, substance use and suicide prevention as well as other important resources.

Mental Health impacts everyone. We are dedicated to providing our valued employees with the information that you and your family may need and our partnership with **PsychHUB** allows us to promote wellness more holistically.

We are excited to share these videos with you. To learn more, go here:

<https://psychhub.com/city-of-billings>

